





R2
BOX OF VALUES

Respect





VALUE	RESPECT
PARTNER	SEDA

## **Value introduction**

**RESPECT** is politeness combined with concern for the feelings and well-being of oneself and others. Every human being is entitled to it because of his personal dignity. We express it by being polite to others (shown in a polite language and tone, friendly facial expression, appropriate clothing, appearance and behaviour) and concern for their feelings and well-being. If someone shows us respect, we feel good in their company.

When he treats us disrespectfully, we are immediately informed by our feelings - embarrassment, pain, anger. We should show respect not only to other people, regardless of their age, gender, race, origin, knowledge, possessions or social status, but also to ourselves. It is the basis of all other moral values, including honesty, responsibility, solidarity, friendship and justice. We don't deceive someone we respect, we don't lie out of self-respect, etc. If we don't treat ourselves with respect, think and talk badly about ourselves, we encourage others to treat us in the same way, because behaviour is contagious.

Respect is the basis of good relationships between people and this allows us to live harmoniously, usefully and happily. Respect for people means seeing each person as unique, autonomous and valuable. Everyone deserves respect. Showing respect with words and gestures is an important aspect of everyday life in society. Respect for the rights of others is considered valuable and dignified. Respect for individual differences allows us to appreciate differences in others and in ourselves.





#### **GAME**

**Title: Respect graphic** 

# **Objectives:**

- Supporting the understanding of the need to express respect in various life situations;
- Educating the ability to assess various social behaviours; - teaching teamwork based on mutual respect

Number of people: 25, aged 8 - 15

Time: 60 minutes

Materials:

Cards with descriptions of different situations (package for each group), coloured markers, sheets of grey paper

#### Instruction:

The leader divides the team into groups of 5. He/she establishes the rules of group cooperation - taking care of expressing mutual respect among group members during their work.

The leader gives each group a set of cards with descriptions of different situations.

Each group chooses a leader to represent the team in front of the class.

## Part 1

The group members take turns drawing a card from their deck.

They present their opinion on the described topic. After presenting the opinions of all group members, the leader leads the group discussion:

- which of these situations contain descriptions of respectful behaviour?
- and which of these situations have nothing to do with respect for the other person?

Finally, the students separate the cards into two groups:

- a. expressing respect,
- b. disrespectful.

Together they decide which situations the group will present in the forum (they can choose two opposing ones).



#### Part 2

Each group gets a sheet of grey paper The grey paper is divided by a vertical line. Task: graphical presentation of the situations selected by the group.

#### Part 3

The groups, after completing the drawing task, present their work in front of the class. They comment on their cooperation and justify the choice of the group.

#### Part 4

Discussion.

The teacher encourages students to exchange opinions on:

- What makes respectful behaviour?
- How do we feel when others treat us with respect?
- How do we feel when others disrespect us?
- Do we need to learn respect?
- How can we reverse situations when people treat others disrespectfully?

This game is based on cooperation and mutual respect.

It is not a competition, but an exchange of opinions and discussions.

The graphic effects of the students' work act as a visualisation of the theme of respect.

The visualisation helps students to understand a "respect" topic, which may be too abstract for them.

# Title: "A Story about Respect"

#### **CASE STUDY**

**Objective**: Supporting educational activities in the field of understanding the value of respect; developing an understanding of what respect is; helping students to understand the need to cultivate mutual respect



## Case Study:

In a certain Land where the sun was setting at the latest in the world, on the edge of a picturesque, green glade, there were four magnificent Trees: the dignified Oak, the slender and tall Poplar, the spreading Chestnut and the modest and fragrant Pine. The trees loved their clearing. They had silence, sun, beautiful views and friends not only among the trees, but also among forest animals living in this unique place. They hummed gracefully, watched life in the clearing and were very happy.

The young and slender Deer often came to the clearing. She loved running on the green grass, looking at the nearby stream and hanging out with friends. The wild Boar followed right behind the Deer. Sometimes he had a scowl on his face, which, after tasting Oak delicacies, turned into a hearty smile in a moment. Between the Chestnut boughs, the charming Squirrel jumped nimbly. His favourite pastime was playfully dropping chestnuts on his friends. When the tree bloomed in May, he spent his days smelling the chestnut's flowers and making tiny bouquets of them. The squirrel was always able to improve his mood with his sweet pastries and his extremely fluffy, red tail looked beautiful among the green leaves of trees. The green glade was also visited by a busy and talkative travelling Cuckoo. She knew all the surrounding forests and trees and often brought news from her distant travels - especially when she came back after a winter spent in hot Africa. The Cuckoo was very cheerful, lively and could not sit on one branch for too long. She had many friends in different places, but she always flew alone.

A stream ran through the clearing. Its crystal clear water was often used by the inhabitants, and the Beaver - a technical forest worker - lived by the shore. He was always there to help, willingly repairing damage after torrential storms, and his broad, beautiful smile often intimidated Deer. Behind the clearing stretched huge mountain peaks.

All the inhabitants of the clearing liked to spend time together. They were different from each other, but each had its own space. Once a month, the Owl





flew to the clearing, enjoying great authority among the inhabitants of the clearing. She sat in an old Oak hollow and gave them lectures on various topics. She had a lot of knowledge and was happy to share it. She put on huge glasses, took out books and talked about her experiences and what is important in life.

One summer morning the Owl flew to her hollow as usual and on her door announced the topic of the meeting, which this time was supposed to be "mutual respect".

There was a lot of confusion in the clearing that day. Everyone was in a hurry and very busy with something. The Cuckoo flew to the neighbouring forest. The Beaver had to repair the dam after a night-time downpour. The Squirrel promised pastries for her friend, and the Boar had a hard night and decided to sleep him off.

The Owl was very sorry when she saw the empty places in her hollow. She flew many kilometres in the rain to make it to the meeting. Unfortunately, no one bothered to warn about their absence. No one came up and said he wouldn't be there. The Owl was very disappointed with the behaviour of her friends. Only the trees in the clearing saw her sadness. With their rustle of leaves, they carried this message to the inhabitants.

When the Owl was getting ready to fly, unexpectedly someone knocked on the hollow. She saw the Squirrel with a cake in its paws as an apology. The surprised Owl accepted the apology and took the cake. She hadn't had time to savour it yet when suddenly The Deer ran to the Oak House with a bouquet of wildflowers. She handed it to the Owl along with the magic word "sorry".

The Owl was touched when other friends started to appear every now and then: the Boar and the Beaver and the Cuckoo apologised for their absence. When everyone had arrived, the Owl, not hiding her emotion, said:

- My dear friends - I wanted to tell you about mutual respect, but you yourself learned it and showed it, because... Respect is respecting the other person, their dignity, otherness and time.





Respect means putting in the effort... Say "please", "thank you", "sorry". Respect is given to others and received from others. Respect is mutual kindness and culture. The friendship that connects us is respect and trust ... Thank you ... today You prepared our extraordinary meeting in the hollow!





## THEATRE PLAY

Title: "A Story about Respect"

**Characters**:

Trees: Oak, Chestnut, Pine, Poplar

Animals: Owl, Beaver, Cuckoo, Squirrel, Boar, Deer

Materials: costumes for actors, stage decoration,

music

### Scene 1

In the forest in a clearing.

In the background of the stage, children dressed up as four trees. Children dressed as animals run into the clearing one by one.

A deer runs in.

Deer: Hello beautiful sun! What a beautiful day!

He leans over the stream and drinks the water, goes to the tree and picks at the young leaves. The Boar runs right behind her - he is scratching grass and beaming with a smile.

**Boar**: Yes, my dear Deer! A wonderful day today to play in the clearing.

After a while, the Squirrel enters the stage, bustling around the Chestnut Tree, collecting young fruit buds. He collects peanuts and throws them gently at his friends.

**Squirrel**: Ooh, I got you my dear Boar! What great fun! Why don't you toss a peanut to me?

He pauses and then adds:

**Squirrel**: I'll collect chestnut flowers, I'll make a delicious sweet fruit cake out of them.





He collects fruits and flowers. He makes a colourful bouquet and puts peanuts in the basket. He's coming to the Cuckoo glade.

**Cuckoo**: Coo coo, coo coo ... What's up with you? I guess you missed me... And you know what? I was just in the grove nearby, so much happened last night.... Coo coo, coo coo... I have to call the Beaver... the meadow is flooded there and maybe he can do something about this misfortune....

The Beaver appears, sits by the stream, moves twigs ...

**Beaver**: I have already repaired the damage after the last storm ... I'll also appear in the neighbouring meadow and help rebuild everything .... no problem...

The animals go about their tasks. After a while, they line up together in a semicircle and sing a song:

#### All:

How nice to us! How wonderful for us!

We have fun together and it's good that I have you!

Friends in the clearing help always advise,

They are not idle, but they are happy to give us a smile!

They fall silent and all together say aloud:

**All**: But, where is our Wise Owl! Owl!!! Owl!!! Where are you?

The Owl is coming. She keeps her books under her wing armpit and wears glasses on her nose. She settles in her hollow located on the Oak growing on the edge of the clearing.

**Owl**: Here I am, my Dear Friends! I'm glad to see you again! I brought you a lot of wise news from a





distant world. Any moment, maybe even tomorrow, I will invite you to my wise Club Meeting. This time it will be about Mutual Respect.

Beaver: About respect? What's this?

**Squirrel**: Oh, don't you know? I guess it is.... I ... don't really know either...

**Beaver**: It's something you can eat... something delicious, I guess... But where does it grow? Hmm, I don't know unfortunately...

**Deer**: We'll wait until tomorrow... Wise Owl will tell us everything...

The animals shake their heads in agreement and slowly leave the stage one by one.

## Scene 2

In front of the Oak, next to the hollow, the Owl nails an announcement:

**Owl**: Today at 15.00 all inhabitants of the clearing are invited to a lecture on Mutual Respect.

She smiles, sits down on a log, opens her books and immerses herself in reading. After a while, she glances at his watch, stands up, stretches, and says out loud:

**Owl**: It's time for my reading!!! But where have all the animals gone?

Silence falls. After a while, the Trees speak one by one:

**Oak**: Unfortunately, the Cuckoo urgently flew to the neighbouring forest ...

**Poplar**: And the busy Beaver went to the flooded meadow to save those who suffered from yesterday's rain... he needs to fix the broken dam...





**Chestnut**: The squirrel promised her neighbour to bake a cake, and she's very busy in the kitchen...

**Oak**: Even the Deer forgot about this event...she's awfully forgetful...

**Pine**: And the Boar had a very rough night and is now sleeping in his comfortable forest apartment...

**Owl**: Oh, how sad I am! I have flown so many miles to deliver my wisdom, yet no one has come to the meeting! They didn't even deign to inform me that such important things fell out for them to do at this time... No one had warned me of their absence. It's a real disrespect to me and everything I do for the forest community.

The owl shakes its wings and sits sadly on a branch.

The trees, rustling softly, repeat louder and louder:

#### Trees:

Sad Owl! Sad Owl!

Shame on you inhabitants of the glade!

Come here! Come here!

Apologise to the Owl, we'll all go!

#### Scene 3

The Owl is in its hollow. Packing for departure. She still feels disappointed that she couldn't do the Respect lecture.

**Owl**: It's time to get going, I have to pack everything...

I don't know if I'll be back to this clearing soon, where no one respects me...

Suddenly a knock is heard. The Squirrel timidly enters carrying cookies on a plate.





**Squirrel**: Dear Owl! I want to apologise to you so much...

The owl accepts the apology. She takes the cookies, smiles. After a while, a deer runs in with a bouquet in his hand.

**Deer**: I want to apologise to you too, Owl... I'm terribly sorry... this bouquet is for you.

**Owl**: Thank you... it's nice that you still have some respect for me...

And she puts the bouquet in the vase.

The Beaver and the Boar are coming, and the Cuckoo is coming with them too. Together they say out loud:

Beaver, Boar, Cuckoo: We're sorry too, Owl! It was rude of us to forget about you!

The Owl is very moved, she wipes tears of surprise with her wing. Slowly, full of emotion, says:

Owl: My dear friends - I wanted to tell you yesterday about Mutual Respect, but you yourself learned it and showed it, because ... RESPECT is respecting the other person, their dignity, otherness and time... RESPECT means put in the effort... Say "please", "thank you", "sorry"... RESPECT is given to others and received from others... RESPECT is mutual kindness and culture. The friendship that connects us is RESPECT and TRUST ... Thank you ... today you prepared our Extraordinary Meeting in the hollow!





This project has been funded with support from the European Commission. This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.