



EuropePlus

R2

BOX OF VALUES

HUMAN DIGNITY

VALUE	HUMAN DIGNITY
PARTNER	SEDA

Value introduction

Human dignity - self-esteem and self-respect, which is expressed in the desire to also be respected by others due to one's spiritual, moral or social merits. It has a dual nature and refers to personal and personality dignity. The former is proper to every man, due to him by the very fact of being a man. Personal dignity, on the other hand, depends on the effort undertaken by a given person and their achievements, and is associated with the development of an ethical personality. It is one of the fundamental values in development ethics. Dignity means that a person is a value in itself. No one has to deserve it or strive for it. It belongs to every man, regardless of who he is, what he has done, where he comes from, what he does or how old he is.

GAME

Title: Encrypted information

Objectives

- Supporting the understanding of the concept of "human dignity"
- Developing the ability to assess situations and behaviours that describe "dignity" as a general human value

Number of people: 25, aged 8 - 10

Time: 45 minutes

Materials: the cards containing encrypted information about situations and behaviours related to the concept of "human dignity"

Instruction:

The teacher divides the class into groups of 5-6 people.

Each group receives a packet of cards containing encrypted information.

The groups have to find the key and crack the cipher to read this information

Every 3 minutes the groups pass their attempts to break the cipher (the whole packet) to the neighbouring group, and they receive the results of the neighbouring group (the time is very important in this task).

The winner is the group which is the first to read all the information after breaking the cipher.

Then each group reads its decrypted information (each group has different information).

	<p>Finally, the facilitator encourages students to discuss the encrypted information.</p> <p>Questions for discussion:</p> <ol style="list-style-type: none"> 1. What is human dignity? 2. How do we express our sense of dignity?
<p>CASE STUDY</p>	<p>Title: Valuable Helpers</p> <p>Objectives: supporting students in understanding the concept of human dignity</p> <p>Case study:</p> <p>In a certain city, through which a beautiful river flowed majestically like a ribbon, there was an extraordinary school. Exceptional students - bold, curious about the world and new adventures - were educated in its walls. The school was housed in a beautiful historic red brick building. Its sight drew attention from a distance and invited visitors to the renovated thresholds.</p> <p>In the yard of the school grew a tall, dignified Acacia tree. No one knew how old it was or who planted it. However, the legend said that she was very old, that she had seen many events in the life of the school and knew its various secrets. Every spring, as soon as the first rays of the sun began to fall on its branches, it was reborn dignified after winter. The beautiful, green buds after a few rainy days turned into green shiny leaves. It was a sign that their inhabitants would soon appear in the tree branches - tits, magpies, pigeons building their nests in the safe branches.</p> <p>As soon as it got warmer, screaming children ran out to the school yard, played football, volleyball and enjoyed all the charms of the spring aura. The Acacia was silent, it served as its shadow on hot days</p>

and closely watched all the events from the school yard.

One sunny day, a group of young people ran out into the yard as usual. The boys playing the ball started kicking it so hard and high that it got stuck in the branches of the Acacia tree and scared the little tit who was building the nest. They both felt that someone did not respect their right to dignity and peace.

Before they had time to cool down, the courtyard was filled with tears and laughter at the same time. It was the boys who took the glasses from one of the students and watched how she managed without them. The Owl living in the attic of the school was outraged by this behaviour and wanted to say with her dark hoots: "you do not respect the dignity of another person."

When a group of girls came to play volleyball, one of them did not want to take part in the game, afraid that she would disappoint her friends and lose because of her. Her self-esteem, which is inextricably linked with dignity, was not too high, which was even noticed by the magpie collecting branches for the nest.

The Acacia thought: There were too many events! The most attractive quality of a man was dignity, and they did not respect it at all. Urgent intervention is needed to change this, the concerned acacia thought, the sound of its leaves and sighs rising high into the sky.

This was heard by the Angels who visited the school many times because the school was patronised by a great friend of children, St. Nicolaus.

Angels silently went to the ground to bring order to the yard.

Their first intervention was to get the ball off the Acacia tree. As soon as the boys did this, both the tree and they felt better.

It didn't take long for them to apologise to their friend for the glasses they had taken. Each of us has the right to dignity and respect for it. Sorry - they said in unison, and the whole group began to play ball.

Each of us is valuable – said friends to Ania, who did not want to play volleyball. Don't worry, we'll help you - they said and in a moment the girl was throwing the ball through the goal.

Satisfied with their actions, the Angels sat on the branch of Acacia and watched the happy changes. The birds were quietly making their nests, the Owl fell asleep getting ready for the night. The action leaves rustled happily, moved gently by the gusts of summer wind, which carried a sigh in the air: "If you don't feel worthy to grow wings, you'll never get off the ground."

THEATRE PLAY

Title: Valuable Helpers

Characters: Acacia, Owl, Pie, Magpie, Children, Angels,

Materials:

Costumes for actors, stage decoration, ball, glasses, etc.

Introduction:

Narrator: In a certain city, through which a beautiful river flowed majestically like a ribbon, there was an extraordinary school. Exceptional students - bold, curious about the world and new adventures - were educated in its walls.

In the yard of the school grew a tall, dignified Acacia tree. No one knew how old it was or who planted it. However, the legend said that she was very old, that she had seen many events in the life of the school and knew its various secrets. Every spring, as soon as the first rays of the sun began to fall on its branches, it was reborn dignified after winter. The beautiful, green buds after a few rainy days turned into green shiny leaves. It was a sign that their inhabitants would soon appear in the tree branches - tits, magpies, pigeons building their nests in the safe branches.

As soon as it got warmer, screaming children ran out to the school yard, played football, volleyball and enjoyed all the charms of the spring aura. The Acacia was silent, it served as its shadow on hot days and closely watched all the events from the school yard. One sunny day...

Scene 1

The stage looks like a school yard. In the centre of the stage stands a child dressed as a Tree - Acacia. Birds fly onto the stage - Owl, Titmouse, Pigeons. From the speakers you can hear the music of spring with the sounds of birds and the rustle of trees.

The birds dance for a long time around the Acacia. Hearing the sounds of approaching children, they fly off to the sides of the stage.

After a while, the boys run onto the stage and start playing with the ball while shouting loudly.

Antek: Kamil, pass, kick hard to me, hehehe more

David: Sure! Come on Kamil!

Kamil: I shoot so hard that all the leaves fall off the trees!!! Hahahaha...!!!! Maybe we'll dig this tree...?

David: Okay! Whoever hits the trunk more times - wins!!! Hehehe!!!!

And he shoots the ball hard, so that it gets stuck in the branches of Acacia.

The Acacia shakes its leaves anxiously. Full of pain and sadness, she says:

Acacia: How sad that you do not respect my right to dignity and peace! Please, go and play elsewhere, so as not to destroy my branches and scare the young chicks in the nests! I want to stand here with dignity and serve as a shelter for my inhabitants - birds!

All Birds: This is disrespectful to our Dignity!
This is disrespectful to our Dignity!
This is disrespectful to our Dignity!

The boys run off the stage.

Scene 2

The birds fly to the centre of the stage, rejoice again and dance around the Acacia. Suddenly, they freeze upon hearing the scream and cry of a child. They tiptoe to the sides of the stage.

A crying girl enters the stage. She walks slowly, as if she didn't see anything, steps carefully, trips over a stick, falls over, and begins to cry even louder.

Owl: What's wrong my dear? Why are you crying like that?

Zosia: Bad friends took my glasses, just for fun! I'm so sorry that someone treated me so badly!

The girls who took Zosia's glasses run in. They laugh and giggle and seeing Zosia crying, they say loudly:

Girls: What a crybaby! Hehe, you have your glasses! They are broken. You can't see anything through it anyway!

And they continue to make fun of their friend, to which Owl reacts:

Owl: Whoa, whoa.... You do not respect the Dignity of the other person! By teasing and laughing, you humiliate Zosia's dignity with all your behaviour! Oh, not pretty girls, not pretty!

The girls run away from Acacia and from the stage.

Scene 3

A group of children - boys and girls - runs into the yard. One girl, Ewa, stops by the Acacia tree.

Kasia: Ewa, please come and play volleyball with us... Well, don't let me ask you!

Ewa: No, I can't act... I'm bad... anyway, (she says to herself) I can't do anything... Everyone always tells me I'm useless.... Mom, dad, sister... even my younger cousin laughs at me because I can't do anything... I never succeed, no matter how hard I try... I'm hopeless!!! (turns to Kasia) No, Kasia.... I don't want you to lose again because of me...

Magpie: Oh, Eva! Your self-esteem, which is inseparable from Dignity, is very low and weak!!! That is very bad! Very bad!

The girls play football for a while, Ewa stands sadly in the corner under the tree. The music blares through the speakers as the children run off stage.

There is silence.
Suddenly the Acacia speaks up:

Acacia: There are too many bad events! The most attractive attribute of a Man is Dignity, and no one respects it at all! Something must be done about it immediately, something must be done about it! Urgent intervention is needed to change this! (raises branches straight to the sky, asking them for help). Where are you, my Angels?!

Scene 4

Three Angels run onto the stage. They dance with the birds around the Acacia. When the music stops, the Angels slowly quietly disappear backstage.

The music resounds. The first Angel enters with the boy who was kicking the ball hard earlier.

Angel I: David, try to get the ball off the tree and don't break the birds' nests again!

David: I'm sorry, Acacia! It was a bad idea to destroy your branches and bird nests!

David pulls the ball from the branches of the tree.

The second Angel appears on the stage, leading a tearful girl by the hand, followed by the other friends.

Angel II: My dear! You have to explain the fact that you hurt your friend by making fun of her and breaking her glasses!

Girls together: Sorry, Zosia! It was unwise! Each of us has the right to respect and dignity! We're so sorry we hurt you!

Next, the third Angel enters the stage, followed timidly by Ewa and the other children.

Angel III: We must support those who feel weak and inferior! This is the task of all of us!

Children together: Each of us is valuable! Don't worry Zosia, we will help you!

Everyone begins to play together - standing in a circle, they throw the ball to each other. Cheerful music plays on the tele, when after a while it stops, Acacia shakes its twigs and says loudly:

Acacia: Remember everyone! "If we don't feel worthy to grow wings, we will never break away from the Earth" - let's be good to ourselves so that our Dignity will always lift us high! We have to teach all the students of our school about that!

Final

They all start singing together the song "My Own Superhero"

<https://www.youtube.com/watch?v=gX43dxto99o>