



R2
BOX OF VALUES

Consciousness





VALUE	CONSCIOUSNESS
PARTNER	ZESPÓŁ SZKÓŁ I PLACÓWEK SPECJALNYCH

Value introduction

Ecological awareness - is a human attitude characterized by responsibility for the state of the natural environment, which is the result from real knowledge and determination to preserve it in its condition. The determinant of environmental awareness is behaviour towards nature, compliance with the principles of nature protection, prevention of environmental threats. Ecological knowledge of causes and causal laws, allows nature for its effective help and using ecological factors in prevention. It also allows us to take advantage of the impact exerted by industry on the environment and human health. Ecological action should not be just a fashion, but should guide the lifestyle of every human being. Understanding environmental issues is the first step towards an advanced future. We will slowly become the decision-makers who have a voice in the matter of nature conservation. A wisely planned education of children is the key to repairing the world. Undertaking pro-environmental activities in order to maintain awareness and responsibility for the natural environment as the basis of education in the modern world, regardless of what a young child looks like in terms of education and general development.





GAME

Title: "An ecological field game"

The outdoor game is designed for many class groups (8-13 years old)

Objective:

Developing a sense of responsibility for the natural environment, raising awareness of the impact of our own activities on the environment.

Time: 4 hours

Materials: sheets of gray paper, ecological paints, natural materials such as strings and sticks

Instruction:

Students in class groups choose their leader. The leader receives a *Point Card* for the group on which he will collect stamps when completing individual game stations. There is also a *Plan of the order* of visiting task stations. Each group visits the stations where it must perform tasks in order to receive points in the form of a stamp. Task stations are located throughout the school.

I am an architect of an ecological playground

The group on a sheet of gray paper performs the Eco Garden project using natural materials as sticks, strings, stones, pebbles...

2. I am an artist - eco-world

The group paints any picture depicting the world in which ecological rules apply





3. I am an ecologist

The group receives cards with tasks dealing with the issues of caring for the environment, for example, crossword puzzles, etc.

4. In the land of animals, the food chain

The task of the group is to find the food chain.

The teacher prepares cards with the names of animals that can be combined into food chains, for example:

Seaweed - snail herbivorous - stork

Plankton - whale - man

Fly - frog - snake - hawk

Clover - butterfly - frog - stork

Grasshopper - mouse - hawk

Each member of the group draws a card with the name of the animal without saying what animal they drew. At the teacher's signal, all students turn into animals. They can't speak while showing a characteristic way of locomotion for a given species. Their task is to join in pairs or longer chains holding hands - in such a way that it reflects the food chain in nature.

The aim of this game is to observe other children and how they make their move.

5. Eco cookies

The group in the culinary workshop receives a cookie recipe using organic ingredients and makes cookies - baking cookies together under the supervision of the teacher.

6. Obstacle course





The group overcomes an obstacle course that
requires physical fitness; obstacles are made of
natural materials: rubber tires, wooden benches,
ropes, cardboard boxes. This task could take place
on the school playground.

At the end of the field game, all participants present their work. For the points gained, they receive Class Certificates of Young Ecologists.

CASE STUDY

Title: "The Green Cape"

Objectives:

- Developing ecological awareness
- Stimulating active actions for the benefit of the natural environment
- Indicating social issues related to preventing the destruction of the natural environment

Case Study:

Story by Oliwia, 10 years old

One frosty day, Ania went shopping.

As she approached the store, she was accosted by a nice Lady who had beautiful dark hair and blue eyes, wearing light-colored trousers, a light-colored jacket and an amazing cape. She was so pretty that the girl couldn't take her eyes off her. The Lady lifted one side of her cape and Ania saw a green park on it. There were wonderful green trees growing on it, flowers, grass, bushes, benches between them and people of different ages were sitting there everyone felt good and breathed clean air. When Anna saw it, her heart began to beat faster, she was delighted with the sight. The beautiful Lady stood up next to her and began to put on the cape. Ania felt sad that she was losing this beautiful view from her eyes, she felt a longing for such a wonderful, clean and green world. After a while the pretty Lady bumped into her again and lifted another side of her



cloak. This time the image Anna saw was terrifying. Looking at it, the girl felt disgusted - the sight was gray and dark, the trees rotten, the bushes dry, there were no flowers or people resting on the benches. It was dirty everywhere because of people who were passing by and throwing piles of garbage behind. There was a lot of rubbish. The pretty Lady sadly put on her cape and hugged Anne tightly to her. After a while, she said, "Dear girl, what you have just seen is the nature that surrounds us, everything is polluted and dirty. You saw ancient nature - healthy, and modern nature - sick. I need you so much girl, you have to save this world that is dying. Please, do it! Help me, help yourself, help people!" After these words, the beautiful Lady vanished into the air.

After this strange meeting, Ania quickly entered the store, did some shopping and ran home. She locked herself in her room and began to think over the words of the mysterious Lady. Tired, she fell asleep. She had a dream - an idea what she could do about that problem.

The next day, right after breakfast, she packed a lot of bags and gloves and ran to the city center. She stopped passers-by and asked everyone for help in cleaning the city. Unfortunately, no one wanted to listen to her, she was disappointed, she wanted to cry. Suddenly, the old Gardener spoke up: "We have to help this good girl. People! Don't you want to live in a clean environment and breathe fresh air?" Fortunately, people started to listen and they all got to work together. They worked every day.

Spring came, it was beautiful, green and clean all around. Ania was sitting on the bench admiring the beauty of the clean park. She closed her eyes and suddenly it seemed to her that she saw some light. After a while, a mysterious Lady appeared to her and said: "My dear, look what you have achieved, you are amazing, you did a great job."

After these words, the pretty Lady disappeared...





THEATRE PLAY

Title: "The Green Cape"

Characters: Anna's mother, Anna, Old Gardener Beautiful Lady with green cap, Passers-by - 5 people or more

Materials: scenes' decoration, green cape with two pictures inside, rake or broom for gardener, costumes for actors, shopping bag, etc.

Scene 1

Anna's apartment. Anna is bustling around the room, putting on a scarf, getting ready to go to the store.

Anna: Mom, what should I buy?

Mother: Please, buy flour and milk, only choose the healthiest, organic ones.

Anna: Super Mom, we have to take care of our health and our planet!

Anna leaves the house.

Scene 2

Anna goes to the store. She passes the park and notices a terribly littered sidewalk. It makes her sad to see it. Suddenly, a figure of a Beautiful Lady wearing a beautiful green cape appears in front of her eyes. The woman stops Anna. There is amazement on the girl's face. The Beautiful Lady reveals one side of her cape and Anna sees a beautiful world full of joyful people. This world is clean, neat, fresh, full of colours and sunshine.

Anna: How beautiful! How wonderful it would be if the world were so wonderful, healthy, and friendly to people!

But suddenly the Beautiful Lady closes her cape. Anna tries to stop her:

Anna: Please, don't take this world away from me!





The Lady calmly gestures to the girl to be patient. She reveals another side of her cape - but this time the sight is terrifying. Anna, frightened, holds back tears with difficulty:

Anna: Please, no! I don't want such a dirty world, full of garbage and black smoke, with dying animals and dry stalks instead of trees. Please give me healthy nature!

The beautiful Lady closes her cape, fastens the strings tightly, comes closer to Ania and hugs her tightly. After a moment she says in a warm, calm voice:

Beautiful Lady: My dear Anna! What you just saw is our environment that surrounds us. Everything around is ugly, dirty, everything is poisoned by polluted air - animals, plants and we humans are dying! You saw this sick nature - poisoned and dying! But you also saw the original nature from centuries ago - pure and healthy! I need your help Anna to protect and save this dying Earth from our neglect! Please help me, help yourself, help people!

After these words, the Beautiful Lady disappears.

Scene 3

Anna returns home with a bag of groceries. She puts everything on the table and rushes to her room. She sits on the bed and thinks over the words she heard from the Beautiful Lady.

Anna: How can I change the world for a better, healthier, more beautiful one? How can I force others to take care of our planet? How to ask others to stop animals from dying and forests being polluted? How to clean the seas and oceans? There is so much to do!

Tired, Anna falls asleep.



Scene 4

Anna wakes up the next morning. She sits on the edge of the bed and says:

Anna: I had such a good sleep, now I know what I have to do!

She dresses quickly, eats breakfast. She packs gloves and garbage bags into his backpack. She leaves the house.

Scene 5

Anna is walking the streets near the park. She stops passers-by and asks them for help to clean up the garbage in the park.

Anna: Please help me to clean up the park! We want it to be clean around! ... Can you clean our world with me?...

How about you support a dying planet and clean up the garbage in the park?

All the passers-by stopped by Anna passed her by without a word, looking away from the problem. Suddenly, an old man - a gardener working in the park, stopped and said to the walkers:

Old Gardener: Guys! We have to help this little girl! All of us want the world around us to be clean and beautiful!

Suddenly, passers-by stop, a crowd slowly gathers around gardener and Anna. She distributes gloves and bags. They all start picking up garbage from the park alleys together.

Scene 6

It's spring. Anna is walking in the park, looking around. Everywhere is clean and beautiful, flowers grow on flower beds, trees bloom colorfully. She sits down on a bench, closes her eyes, and suddenly a Beautiful Lady appears before her.





Beautiful Lady: My dear Anna, look how much you have achieved with your work, you are really wonderful! Thanks to you and people like you, our world will be better and more beautiful! It will save us now and future generations!

After these words, the mysterious Lady disappears...





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